

30–MINUTE GROUP CADENCE

This cadence allows deeper reflection while keeping the group moving forward together.

1. SETTLE & CHECK IN (4 MINUTES)

Quick round: one sentence per man.

Prompt:

“One word to describe your week.”

Purpose:

Build presence without drifting.

2. OPEN PRAYER (2 MINUTES)

Leader prays for humility and clarity.

Purpose:

Frame the time as listening, not fixing.

3. SCRIPTURE READING & OBSERVATION (5 MINUTES)

Read aloud twice.

Questions:

“What does this verse tell us about wisdom?”

“What does it require from us?”

2–3 responses only.

Purpose:

Anchor discussion in Scripture.

4. DEVOTIONAL REFLECTION (7 MINUTES)

Leader briefly retells the wallpaper story.

Discussion Prompts:

- “Why does alignment matter so much?”
- “Where do men tend to start crooked?”

Allow multiple voices, limit storytelling.

Purpose:

Connect metaphor to real life.

5. THEME DISCUSSION (8 MINUTES)

Choose **one direction** and stay there.

Options:

- Learning from proximity
- Independence vs guidance
- Who you're learning from now

Leader ensures everyone has space to speak.

Purpose:

Create shared clarity, not debate.

6. LIVE IT OUT (3 MINUTES)

Each man writes one action step.

Leader asks:

“What’s one step you’ll take this week to remain teachable?”

Optional sharing.

Purpose:

Make obedience specific.

7. CLOSING PRAYER (1 MINUTE)

Leader or volunteer prays.

Purpose:

Commit the week to God.

TOTAL TIME: 30 MINUTES

A steady, focused rhythm built for transformation, not talk.

SNAG THIS PRINT-FRIENDLY VERSION FOR YOUR NEXT GROUP STUDY.